

Actioning our faith

Faith that remains in the realm of theory is no faith at all. The Scriptures call us to a faith that hears, believes, and then acts. In Luke 10:38-42, Mary chose to sit at Jesus' feet while Martha was distracted by many tasks. Jesus commended her for choosing "the one thing necessary." Actioning your faith begins here — not with rushing around to do something for God, but with stopping to hear His Word. Faith is birthed in intimacy. Hebrews 11:1-3 tells us that faith is "the assurance of things hoped for, the conviction of things not seen." This means we act not because circumstances make sense, but because God has spoken. And without faith, we cannot please Him (Hebrews 11:6); our actions must flow from trust, not from anxiety or self-reliance.

The righteous live by faith (Hebrews 10:38). This is not a passive posture; it is a decisive way of life. Paul reminds us in 2 Corinthians 5:17 that anyone in Christ is a new creation. Actioning faith means living out the reality of who we have become, not who we once were. Jesus said in John 14:23 that if we love Him, we will keep His Word, and then the Father and Son will make their home with us. This is no small thing: the presence of God in the believer is both the source and the sustainer of every act of faith.

When Jesus taught us to pray in Matthew 6:9-13, He gave us a framework for living in active dependence on the Father, honouring His name, submitting to His will, trusting Him for provision, walking in forgiveness, and relying on Him for deliverance from evil. Prayer is faith in action. But in Matthew 17:14-21, the disciples' inability to drive out a demon exposed the gap between belief and action. Jesus pointed to their unbelief and told them that some victories come only through prayer and fasting. There is a depth to actioning faith that requires more than quick prayers; it demands disciplined pursuit of God.

Psalms 34:1-4 calls us to bless the Lord at all times and to magnify Him. Praise is a form of actioning faith because it declares the greatness of God even before circumstances change. David understood this when he faced Goliath in 1 Samuel 17:45-51. He did not rely on human weapons but came "in the name of the Lord Almighty." His words and actions flowed from confidence in God's covenant promises. Faith acts on the basis of who God is, not on the size of the challenge.

Ephesians 2:6 says we are seated with Christ in heavenly places. That is our position of authority, but Romans 12:1-2 reminds us that we must present ourselves as living sacrifices and be transformed by the renewing of our minds. Authority without surrender leads to presumption. When Jesus faced temptation in Luke 4:4-10, He wielded the Word of God as His weapon. Actioning your faith means knowing His Word so well that it shapes your thoughts, guides your decisions, and resists the enemy's lies.

God told Jeremiah in 1:9-10 that He had put His words in his mouth to uproot and to plant. We cannot act in faith unless we walk in agreement with God (Amos 3:3). Peter's confession in Matthew 16:16 — that Jesus is the Christ — was the rock upon which Jesus promised to build His Church. That revelation brought authority: in Matthew 18:18-20, He declared that what we bind on earth will be bound in heaven, and what we loose will be loosed in heaven. This authority operates most powerfully where there is unity in His name.

Paul concludes in Ephesians 6:10-18 that we are to be strong in the Lord and put on the whole armour of God — truth, righteousness, readiness, faith, salvation, the Word, and prayer. This armour is not ornamental; it is for use. Actioning your faith means standing firm when attacked, speaking truth when lies surround you, praying when you feel powerless, and refusing to retreat.

Faith is not merely believing God can — it is living as though He already has spoken, already has won, and already has equipped you. To action your faith effectively is to hear Him like Mary, believe Him like David, pray like Jesus taught, and stand clothed in His armour, ready for every good work He has prepared for you.

Questions

1. Luke 10:38–42 – Sitting at His Feet Before Serving

Question: In the busyness of life, have I truly chosen “the one thing necessary” — making time to hear Jesus first — or am I trying to act for Him without first listening to Him?

2. Hebrews 11:6 – Acting from Trust, Not Self-Reliance

Question: Do my actions flow from deep trust in God's character and promises, or are they driven by my own anxiety, logic, or need for control?

3. John 14:23 – Love Expressed in Obedience

Question: If loving Jesus is shown by keeping His Word, what is one specific instruction from Scripture that I need to put into practice right now?

4. Psalm 34:1–4 – Praising Before the Breakthrough

Question: When I face challenges, do I magnify my problems or magnify the Lord — declaring His greatness before I see the outcome?

5. Ephesians 6:10–18 – Standing Fully Armoured

Question: Am I daily clothing myself with the full armour of God so that I can stand firm in truth, righteousness, faith, and prayer — or am I stepping into spiritual battles unprepared?